

VANESSA ROTHERHAM – FEATHERSTONE

REGISTERED PRACTICAL NURSE



CONTACT INFO

CNO: BC805875

Located within the GTA

Phone number: upon request

<https://www.linkedin.com/in/vanessa-rotherham-featherstone-072307178/>

vanessa.rotherham-
featherstone@georgebrown.ca

EDUCATION

George Brown, Bridging RPN to RN Program, Waterfront Campus, ON, Sept. 2025- Present

Relevant coursework: Anatomy and physiology, pharmacology, nursing ethics, and theoretical foundations.

Seneca College, PND Program, King Campus, ON, 2021-2023

OES – Ontario eSecondary school 2020-2021

Georgian College, Pre-Health Sciences, Barrie, ON, 2016-2017

COMMUNITY INVOLVEMENT

I have volunteered within my community for over 15 years through St. John Ambulance. I have received a 15-year service medal, as well as the Grand Priors award. I am an advanced medical first responder who has had the opportunity to serve my community through regional fairs, to Parapan am Olympic games (2015) first aid coverage, or front-line covid-19 vaccine centers. I have received 2 hero awards in my lifetime of service and have been acknowledged for completing over 1000 hours of community service in one year. I am dedicated to my community and to the safety of all people.

LEADERSHIP

I am an Officer of the 910Y St. John Ambulance Youth Division. I have received multiple leadership and mentorship awards. Within the Nursing clinical setting, I was routinely recognized and appointed a student-charge nurse by my peers. I have received glowing reviews from my colleagues on my communication skills. Within my first two years of nursing, I have been given the responsibility of assisting in onboarding and training new hires on the floor. Within the first year of nursing, when short-staffed, with no RN present, staff often nominate me to be acting-charge nurse during the shift; I would work with management and bed-flow coordinators to ensure the safety of the patients and my team.

EXPERIENCE

January 2023-Present

Registered Practical Nurse | Inpatient Mental Health & Psychiatric ICU| Southlake RHC

- Delivered person-centered care for patients with personality disorders, substance use disorders, psychosis, antisocial personality disorder, anxiety, schizophrenia, bipolar disorder, and severe depression.
- Managed care for a patient load of 6-11 in a fast-paced inpatient psychiatric unit, or a patient load of 1-3 in a psychiatric ICU, ensuring adherence to established care plans.
- Documented vitals, progress notes, hospital reports, incident reports, and assessment findings using Meditech
- Conducted mental state examinations (MSEs) and risk assessments to inform multidisciplinary treatment planning. Provided psychoeducation and coping strategies for clients and families.
- Medication administration PO, SL, IV, IM, and subcutaneous injections. Providing maintenance for Long-Acting Injections (LAIs)

- Assistance with ADLs, hygiene, mobilization, and transfers. Promoted rehabilitation through structured therapy groups
- Performed wound care on various types of pressure ulcers, infected wounds, and skin tears. Performed nasal/rectal swabs and urinalysis
- Conducted regular risk management reviews and participated in multidisciplinary unit rounds
- Collaborated with multidisciplinary teams, including physicians, therapists, social workers, rights advise, and Substitute Decision Makers (SDMs), to coordinate patient care. Prioritizes patient care to include dignity, compassion, and a therapeutic approach.
- Crisis interventions and de-escalation techniques, including first approach, least restraint method, and last approach, appropriate physical and chemical restraint management, with debriefing protocols

October 2022–January 2023

Extern | Psychiatry, Cardiology, Surgery | Southlake RHC

- Assistance with the patient's personal care ADLs (hygiene: bathing, toileting, dressing, brushing the client's hair, skin care, etc.).
- Mobility and Positioning – Transfers, prepared for tests by moving patients to stretchers or wheelchairs.
- Therapeutic communication.
- Nutritional support- Mealtime preparation, setting up meals, feeding patients flagged as total feeds.
- Vitals, Hourly rounding in MHU, Safety checks.
- Restocking supplies. Answering call bells and patients' concerns
- Documentation of care provided to patients.

August 2022–October 2022

Community PSW | Community- Geriatric, Behavioral, Parkinson's | Qualicare

- Assistance with the patient's Personal hygiene and ADLs, such as bathing, dressing, and brushing the client's hair.
- Assistance with transporting, transferring, turning, and patient lifting. Provide care with toileting, assist with meal setting, and assist with mobility.
- Physiotherapy and Range of Motion Assistance.
- Mealtime preparation.
- Assist in patient safety by keeping their environment clean and tidy.
- Answering call bells.
- Provide ongoing support and advocacy for the patient's care.
- Documentation of care provided to clients.

January 2022–April 2022

Student Lab Technician | Nursing-Lab | Seneca College

- Preparing equipment, maintaining manikins.
- ensure hospital beds and mobility devices are ready and in working order.
- Creating kits for different educational lessons: O2 care, Tracheostomy care kits, Vitals kits, Wound care Kits, Ostomy bags and stoma care kits, and more.
- We kept the environment of the classrooms and practice labs clean, organized equipment, took inventory, stocked, and logged equipment appropriately. Working in the practice skills labs, we monitored students and ensured proper equipment was provided for their practice training sessions.

June 2017–August 2022

Pharmacy Assistant | Pharmacy, Front shop, and Keyholder | Rexall Pharmacy

- Cashier, store closer, and opener
- Customer service, cash management, sales reports, processing prescriptions, and billing to insurance companies
- Inventory management, restocking shelves, and rotating inventory
- Counting pills, reconstitution of medications with pharmacist supervision, Print and label medication
- Manage patient records and enter data into the pharmacy system. Respect patient confidentiality while handling prescriptions

I have a proven track record of delivering high-quality care while maintaining patient safety and satisfaction.

REFERENCES

Available upon request